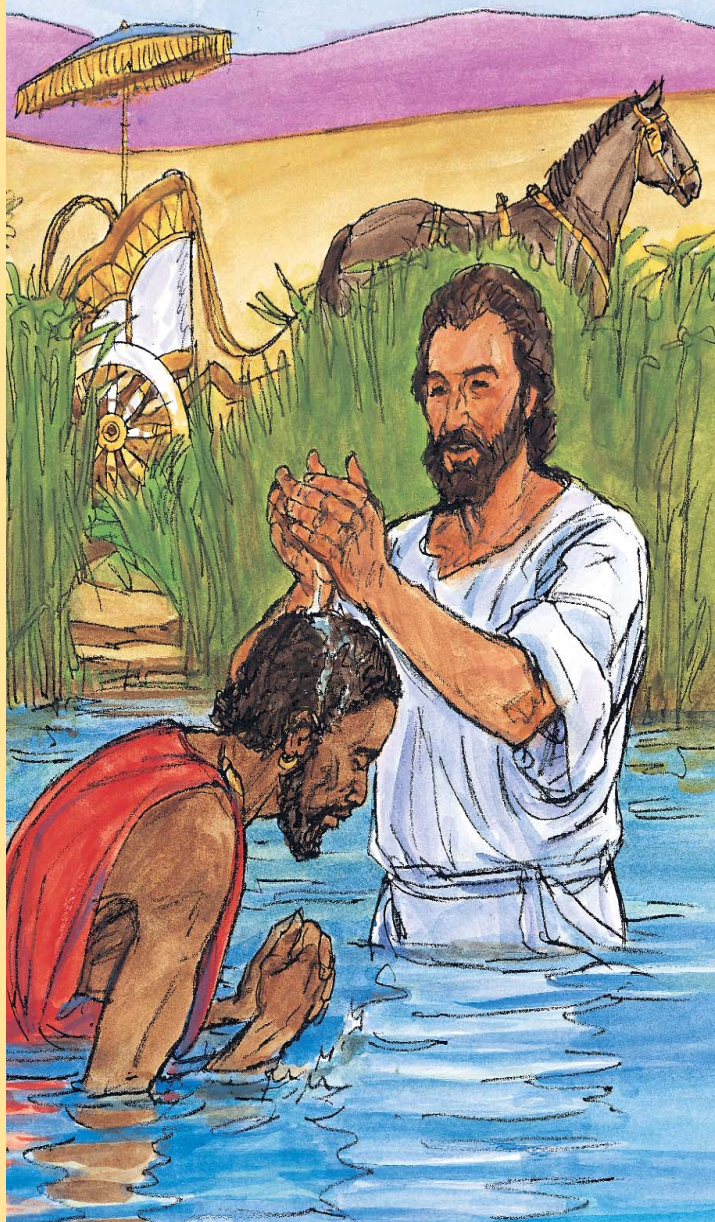


**Bible
Teachings
Series**



*A self-study
course about
the work of the
Holy Spirit*

You Must Be Born Again

You Must Be Born Again

A self-study course about
the work of the Holy Spirit

Original text produced by the Institutional Ministries
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Wisconsin Evangelical Lutheran Synod

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Getting Started

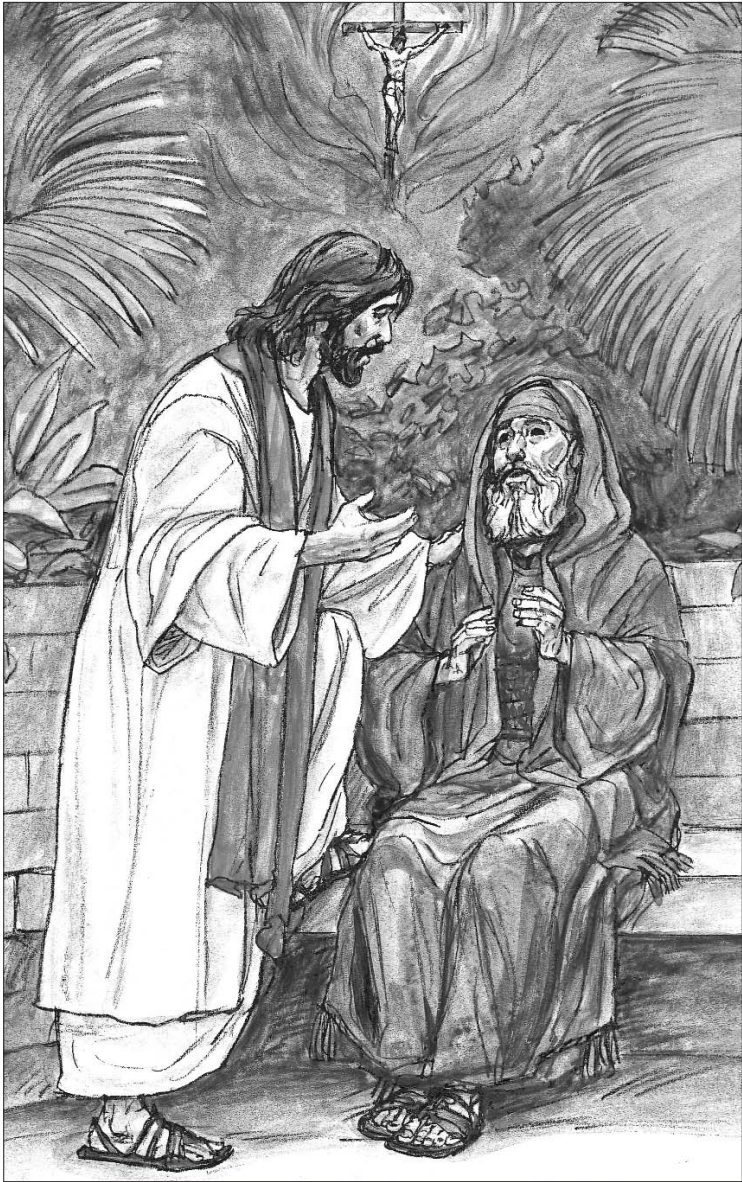
This book is about God the Holy Spirit, and how he makes us Christians and keeps us in the Christian faith.

Each of the four chapters begins with a list of goals marked with a small star (*). These goals tell you what you learn in that chapter. Then you will read a few lines and answer some questions. At the end of the chapter there is a test. The test questions cover only what you read in the chapter and the questions you have completed.

When you finish answering a group of questions, you will be given a page number where you can turn to check your answers. If you turn to that page, you will find the answers at the very bottom of that page. Check your answers carefully, correcting any mistakes you made. Make sure you understand all the answers before reading any further.

At the end of the book there is a final test. Before you complete the test, go back and review the chapter tests. When you have completed the final test, you can either turn the test in to the person who gave you this book, or mail the test to the address on the back cover.

May God help you as you learn more about being born again.



Jesus tells Nicodemus he needs to be born again.



Chapter One

BIRTH: THE FIRST TIME AROUND

One night, when Jesus happened to be in the city of Jerusalem, a man came to see him. This man was named Nicodemus. He was one of the leaders in the Jewish religion. He wanted to talk to Jesus and learn more about what Jesus taught. But Jesus really surprised him. He told the man, "What I'm about to tell you is true. No one can see God's kingdom without being born again" (John 3:3).

This book in your hands is an explanation of what Jesus meant. The Bible teaches us much about being born again. As Jesus said, to be born again is necessary. You cannot get into heaven unless you have been born again.

Now, a person might wonder why that is. Born again? What was wrong with being born the first time? In this chapter, we will answer that question. By the end of the chapter, you will know:

- * how we are dead at birth;
- * how we are blind at birth;
- * how we are God's enemies at birth; and
- * why we cannot save ourselves.

When a little baby is born, he looks totally innocent. When he is sleeping in his bed, he seems like a little angel. (When he wakes his

parents up for the 2:00 a.m. feeding, well, that is another story!) It is hard to believe there could be anything wrong with a newborn child.

But the Bible tells us there is something very wrong. Jesus told Nicodemus something that makes perfect sense: "People give birth to people" (John 3:6). In other words, human beings give birth to human beings. They do not give birth to dogs or cats, or to little angels. Little human babies are born with human sinfulness.

You see, we inherit sinfulness from our parents. We get sinful as surely as we inherit our skin color, our hair color, and our eye color. One of the Bible writers, King David, said, "I know I've been a sinner ever since I was born. I've been a sinner ever since my mother became pregnant with me" (Psalm 51:5).

We call this terrible inheritance original sin. It is the sinfulness we had from our origin or birth. We have it because our parents and

grandparents and great-grandparents were sinful - all the way back to Adam and Eve, the first people and the first sinners.

1. Newborn babies look innocent and sinless, but actually they are born with _____.
2. Jesus said that sinful human beings give birth to _____ human beings.
3. King David said we are sinners from the moment our mothers became _____ with us.
4. We inherit this sinfulness all the way back from _____ and _____.
5. We call this inherited sinfulness _____ . (Two words)

(Check your answers on the bottom of page 8)

The Bible has many ways to describe this original sin. It uses many word pictures. One of them is found in the letter written to the

Ephesians, chapter 2, verse 1: "You were living in your sins and lawless ways. But in fact you were dead." According to God, being sinful is like being dead.

This does not mean that our bodies are dead. A baby is definitely alive in his body! But it is our spirits, our souls, that are dead. That part of us that lives on after we die, the part we call ourselves, is our soul. It is dead in sin the minute we are conceived.

Being spiritually dead destroys anyone's hopes of saving himself. We would like to think that being saved is as easy as just deciding to become a Christian. If we decide one day that we want to be believers, why, then, we can just save ourselves by becoming believers!

But the Bible will not let us think that way. If we are spiritually dead, then we have no more choice in the matter of becoming Christians than a dead body has a choice of whether it wants to get up out of its coffin or not. Dead

people do not decide to get up and do anything; they cannot! They are dead!

Yes, some people do try to obey the Ten Commandments, while others do not. Some people live better lives than others. But that is not the same as becoming a Christian. Deep inside, God can see that all people are sinful. Because they are dead in sins, they cannot decide to "come to life" on their own by becoming Christians.

6. The Bible says that we are spiritually _____ in our sins and lawless ways.

7. Because we are spiritually dead, we cannot decide to become _____

.

8. God can see that everyone, whether they live better lives than others or not, is

_____.

(Check your answers on the bottom of page 11)



Answers for page 6: 1. sinfulness; 2. sinful; 3. pregnant;
4. Adam, Eve; 5. original sin.

The Bible has another way of speaking about our sinful condition at birth. It says we are spiritually blind. St. Paul, one of the writers of the Bible, puts it this way: "The god of this world [that is, the devil] has blinded the minds of those who don't believe. They can't see the light of the good news" (2 Corinthians 4:4).

In another place, God complains about people that "have eyes that can see. But they do not really see. They have ears that can hear. But they do not really hear. They refuse to obey me" (Ezekiel 12:2). We can see physical things with the eyes of our bodies. But we cannot see the most important thing for our souls, namely, Jesus Christ.

The picture is this: God has set before us a great gift, his Son, Jesus Christ. He is set before us as our only Hope, our only Savior from sin. But, born in sin, we are blind to him. We cannot see him, and we cannot find our own way to him.



Mary wrapped baby Jesus in cloth and laid him in a manger.

That is why Paul said it was the devil who blinded people who do not believe. The devil uses our own sinfulness against us. He uses it to blind our eyes to Jesus Christ.

9. The Bible says we are also spiritually _____ at birth.

10. This blindness is caused by our _____.

11. The _____ uses this blindness to keep us from coming to Christ.

(Check your answers on the bottom of page 12)

There is one more word picture the Bible has for us as sinners. It is found in these words, again from Paul, "The sinful mind is at war with God. It does not obey God's law. It can't" (Romans 8:7). In other words, from birth on we are enemies of God because of our sinfulness.

"Wait a minute!" someone might say. "I



Answers for page 8: 6. dead; 7. Christians; 8. sinful.

thought most people wanted to be on God's side! All through history, people have been searching for God. Maybe they often searched in the wrong place, and ended up worshiping false gods. But that does not sound like they want to be his enemies!"

But think about all those false gods for a moment. Why did people go to them? Because they did not want to have anything to do with the true God. He gives them commandments they do not want to keep. But they could always find a false god who would let them do what they wanted to do.

For example, many false gods, especially in ancient times, were said to let you have sex with anyone you wanted. The true God says you may have sex only with the person you have married. If you did not like what God said, you went to find another god. That showed you were against the real God.



Remember this. Every sin we do is an act of rebellion against God. He says we are not to do something, and we decide to do it anyway. That does not sound much like being friends with him, does it? Every sin a person commits is an act of enmity against God.

Since sinful human beings are God's enemies, they will not be too happy with God's Son. Jesus once told a story to show that people by nature hate him. In it, God was pictured as a man who owned a vineyard [farm] for growing grapes. He rented it out to some men, and then sent his son to collect the rent money. These men killed the son because they hated the man.

When Jesus came on earth, many people hated him. The leaders of the Jewish people hated him especially, and finally got him killed. Why did they hate him? They hated him because they were sinners, and did not want to believe in Jesus.

12. The Bible says that, at birth, we were _____ of God.

13. We prove that we are enemies of God every time we _____.

14. Even people who worshiped _____ gods did so because they did not like the true God.

(Check your answers on the bottom of page 16)

So, what are we? The Bible says that, at birth, we are entirely sinful. It describes that sinfulness as being dead in sin, blind in sin, and God's enemies.

If that is true, then there is no way we are going to become Christians on our own. There is no way any other human being is going to be able to convince us to become Christians. Such a person might as well yell at a dead body to get up and take a walk. Or he might try to show a map to a blind man. He might try to convince someone to be friends with his worst enemy.

Becoming a Christian is difficult. In fact, it is impossible for us to become a Christian by ourselves. But it is not impossible for God. That is what the next chapter is all about.

Review of Chapter One

A man named Nicodemus asked Jesus about his teachings, and Jesus told him people must be "born again" to enter heaven. He spoke of how, the first time you are born, you are sinful, like your parents. You inherit sin from them. That sin is called original sin. It goes all the way back to Adam and Eve, the first human beings, and the first sinners.

As a result of original sin, we are born spiritually dead. Like a dead body cannot do anything for itself, we are unable to save ourselves from sin, and we are unable to decide to become Christians.

We are also spiritually blind from birth. God has set before us his Son to be our Savior.

But, because we are spiritually blind, we cannot find him on our own.

The Bible also says we are God's enemies from birth. Every sin we commit is an act of enmity against God. In ancient times people hated the true God so much they made up their own gods to replace him and his commandments. In fact, some people hated him so much that, when his Son came into the world, they killed him.

Since our spirits (or souls) are dead, blind, and fighting against God from birth, there is no way we can save ourselves. No human being can save us, either. God is our only hope.



Answers for page 14: 12. enemies; 13. sin; 14. false.

Test on Chapter One

1. We are born in _____ that we inherit from our parents.
2. This inherited sinfulness is called _____ . (Two words)
3. We inherited this sinfulness all the way back from _____ and _____ the first human beings.
4. Because we are spiritually dead, we cannot _____ to become Christians.
5. Because we are spiritually blind, we cannot see the greatest blessing God puts before us, namely, _____ . (Two words)
6. Because we are spiritually _____ of God, we sin against him all our lives.

7. Every _____ is an act of rebellion against God.

8. There is no way we can become _____ on our own, because of our inherited sinfulness.

(Check your answers on page 67)



Chapter Two

BEING BORN AGAIN

In the previous chapter, we learned about how hopeless our situation is when we are born. The Bible says we are born in sin. That is like being born dead, blind, and an enemy against God. That means there is nothing we can do to turn ourselves around and become Christians. After all, dead people cannot raise themselves, and blind people cannot give themselves sight.

But there was one person who went about doing just that for people. He came across three dead bodies during his lifetime. He told them to get up and go home - and they did! He came upon a few blind people and told them to receive their sight - and they did! And he was very good at getting God's enemies to become God's children.

That person was the same Jesus Christ who said he would send the Holy Spirit. He told Nicodemus, the man who came to him at night, "No one can enter God's kingdom without being born through water and the spirit" (John 3:5). In this chapter, we will learn how the Holy Spirit makes us into Christians. At the end of the chapter you will know:

- * what it means to be born again;
- * how the Holy Spirit makes us believers;
and
- * the only way to become a Christian.

When Jesus told Nicodemus about being born again, Nicodemus was confused. He wondered what Jesus was talking about. He asked, "How can I be born when I am old? I can't go back inside my mother! I can't be born a second time!" (John 3:4).

Jesus replied that he was talking about being born "of water and the Spirit." What he was talking about was baptism. It is by means of baptism that we can be born again.

Baptism is one of those things we call a sacrament. Sacraments are sacred acts God uses to get his saving message understood. We are used to actions getting messages understood. Sometimes we say, "Actions speak louder than words!"

For example, if you really respect and like someone, you can say it with words. Or you can shake his hand. That handshake says the same thing as the words. Or perhaps you have been in love. You can say the words, "I

love you," or you can buy your loved one a gift. Both the words and the actions get the same message to be understood.

The message God wants us to understand is that all of our sins and all of our sinfulness have been washed away. When Jesus died on the cross, he paid for all of our sins. In God's sight, we are now clean and sinless because of what Jesus did for us.

In the Bible Jesus says that. For example, one of Jesus' disciples, John, wrote these words, "The blood of Jesus, his son, makes us pure from all sin" (1John 1:7). In another place, in the book of Isaiah, God says, "Even though your sins are bright red, they will be as white as snow. Even though they are deep red, they will be white like wool" (Isaiah 1:18).

1. Jesus told Nicodemus he had to be born of _____ and the _____.

2. With these words he was talking about the sacrament of _____.

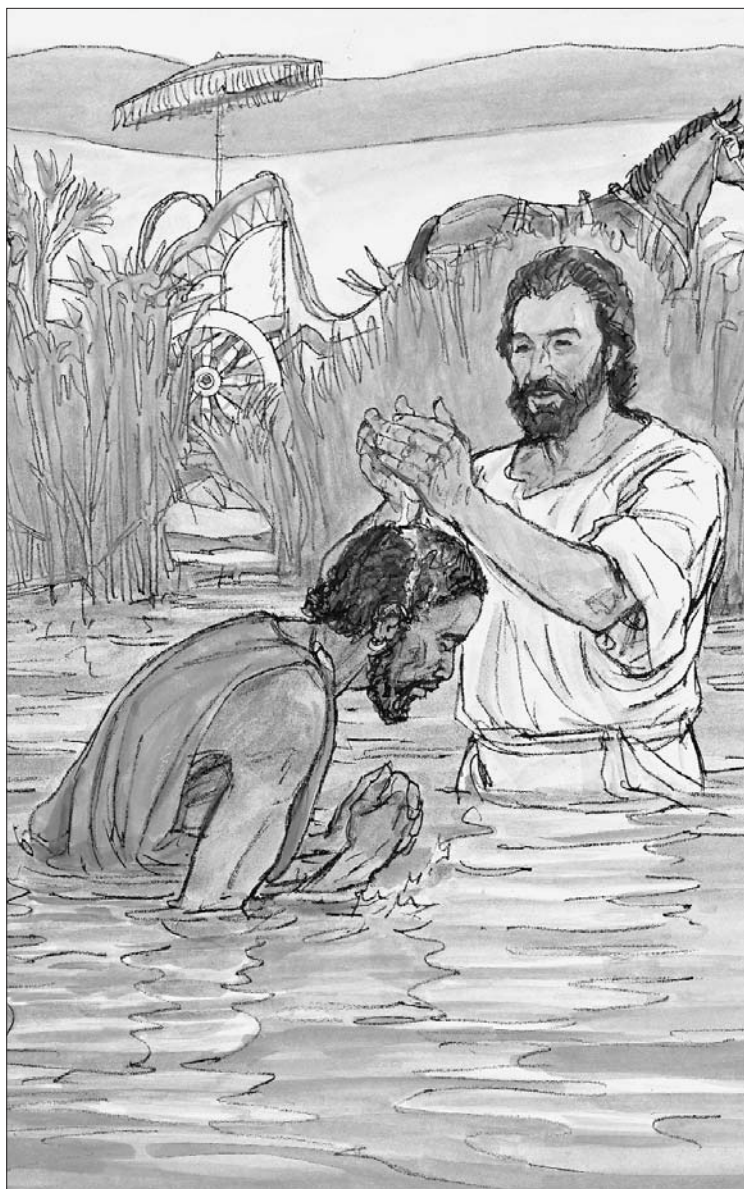
3. A _____ is an act by which God gets his saving message understood.

4. God's saving message is that our sins and our sinfulness have been _____ away.

(Check your answers on the bottom of page 25)

We are born again through baptism. The Holy Spirit uses this sacrament so we understand that all our sins and sinfulness are washed away. What God says in so many Bible passages he demonstrates or shows in our baptism.

That is why both his Word and the water must be there for baptism. The water shows us how our sins are washed away. Just as water washes dirt from our bodies, so God has washed our guilt away from us. But his Word must be present, too. Otherwise, we would not



Philip baptized the man from Ethiopia.

know what the baptism is all about. It would mean no more than just getting wet.

Jesus told us which words from the Bible to use, "Baptize them in the name of the Father and of the Son and of the Holy Spirit" (Matthew 28:19). When a person is baptized, we say these very words: "I baptize you in the name of the Father, and of the Son, and of the Holy Spirit."

There is another message God wants us to understand with the words in baptism. To know what that message is we go back to the days of Moses. God gave Moses directions how to have worship among the ancient Israelites. The minister was to bless them in the name of the Lord. And the Lord promised, "They will put the blessing of my name on the people of Israel. And I will bless them" (Numbers 6:27). When God puts his name on us, he promises to bless us and save us from our sins. He puts



Answers for pages 22-23: 1. water, Spirit; 2. Baptism; 3. sacrament; 4. washed.

his name on us when we are baptized.

5. The water in baptism shows us how our sins are _____ away.

6. _____ must be present with the water, so we will know what baptism is about.

7. We are to baptize people in the name of the _____ and of the _____ and of the _____.

8. When God puts his name on us like that, he promises to _____ us.

(Check your answers on the bottom of page 29)

In a letter to a friend named Titus, Paul tells us what God does for us through baptism "He saved us by washing away our sins. We were born again. The Holy Spirit gave us new life" (Titus 3:5). God gives us Christian faith, and we are born again. We are born into God's family this time. In another place, Paul writes,

"Because you are his children, God sent the Spirit of his Son into our hearts. He is the Holy Spirit" (Galatians 4:6).

In chapter one, we said that human beings are dead in sin, blind in sin, and God's enemies because of their sinfulness. But now see the big change baptism and faith bring about! We were dead in sin. We are given a second birth in baptism. We were blind in sin. We are given sight in baptism so that we look to Jesus as our Savior. We were God's enemies. In baptism, we become his children.

Baptism is not the only way the Holy Spirit makes people into Christians. Remember, this sacrament is only one way that God gets us to understand his saving message. Some people become Christians by reading God's clear words in the Bible, or by having someone preach God's Word to them. They, too, however, want to be baptized. Jesus said it was necessary. They want the assurance baptism gives.



Noah thanked God for keeping him safe during the flood.

In one of his letters, Peter talks about this in a unique way. He is remembering Noah's ark and the Great Flood. He makes the point that the same floodwaters, which drowned everyone else, saved Noah. The floodwaters did this by lifting up the ark so it would float above all the death and ruin. Then Peter writes, "The water of the flood is a picture of the baptism that now saves you also" (1 Peter 3:21).

9. Though we were dead in sin, baptism gives us a new _____ into God's family.

10. Though we were blind in sin, baptism gives us sight so we look to _____ as our Savior.

11. Though we were God's enemies, baptism makes us his _____.



Answers for page 26: 5. washed; 6. God's Word; 7. Father, Son, Holy Spirit; 8. bless.

12. Some people become Christians before they are baptized, when they hear or read the _____ of _____.

13. Peter says that baptism _____ us.

(Check your answers on the bottom of page 32)

Review of Chapter Two

Jesus told Nicodemus that when he said we must be born again, he was talking about baptism. He called it, being born of water and the Spirit. Baptism is a sacrament. A sacrament is an act in which God forgives sin. God impresses on us the fact that our sins are forgiven. Sacraments use earthly things, like water, together with God's Word. Jesus washed away our sins when he died for them. The water in baptism reminds us of that washing.

The Word of God used in baptism is the name of God - the Father, Son and Holy Spirit. By having his name spoken over us in baptism,

God reminds us he is present. He will bless us with forgiveness of our sins. He gives us spiritual life and spiritual sight. He makes us into God's children.

Many people come to faith in Christ before they are baptized, by listening to God's Word. They, too, will want to be baptized, because Jesus said it was necessary. Baptism, the Bible says, saves us.

Test on Chapter Two

1. Jesus told Nicodemus that we have to be born of _____ and the _____.
2. He was talking about _____.
3. A _____ is an act by which God assures us of the forgiveness of our sins.
4. We are to baptize people in the name of the _____ and of the _____ and of the _____.

5. When we are baptized, we are reborn into God's _____.
6. Some people are brought to faith before they are baptized, by reading the _____ of _____.
7. These people also will want to be _____, because Jesus said it was necessary.
8. Peter writes that baptism _____ us.

(Check your answers on page 67)



Answers for pages 29-30: 9. birth; 10. Jesus; 11. children; 12. Word, God; 13. saves.



Chapter Three

STAYING ALIVE

When Jesus told Nicodemus about being born again in baptism, Nicodemus still had a hard time understanding it. Jesus was rather surprised by this and said, "You are Israel's teacher. Don't you understand these things?" (John 3:10).

Jesus was speaking in a simple way to help us understand what it means to be born again.

We should continue to think of our Christian faith as a new life in us. It will help us to understand how that life is kept alive in us.

You see, when you were born, nobody said, "Well, now that is the end!" and left you alone. The new life in you had to be taken care of, or it would die out. You had to be fed and sheltered and cared for, or you would be dead!

It is the same way with the new life of Christian faith. You do not just get baptized and say, "Well, there we are! I am a Christian now!" and forget about it. Faith needs to be cared for, too. In this chapter, we will learn how the Holy Spirit keeps our faith alive. By the end of this chapter, you will know:

- * what the Means of Grace are;
- * how important God's Word is each day; and
- * what the Lord's Supper is.

Just as our bodily life needs food, so does our new life of faith. The Bible tells us this in many places. In one place, we read, "So be careful. When you think you are standing firm, you might fall" (1 Corinthians 10:12).

Peter, one of the disciples of Jesus, tells us how to avoid letting our faith die. "Be on your guard. Then you will not be led down the wrong path by the mistakes of people who do not obey the law. You won't fall from your safe position. Grow in the grace of our Lord and Savior Jesus Christ. Get to know him better" (2 Peter 3:17-18).

To grow, like Peter says, we need some kind of food. We need food for our faith. God provides that food for us. Our faith lives on forgiveness. Every way in which God assures us of our forgiveness is food to keep our faith alive.

We have a name for these ways to be forgiven. We call them the Means of Grace. Grace

means God's forgiving love - the love that moved him to send Jesus to be our Savior. Means is another word for tools. The Means of Grace are the tools God uses to assure us of his forgiving love. They will keep our faith alive.

1. The Bible warns us not to let our faith _____.
2. To keep faith alive, God gives us _____ for it.
3. The "food" for our faith is the _____
_____. (Three words)
4. Grace is God's forgiving _____.
5. The Means of Grace are God's _____ for assuring us of his forgiving love.

(Check your answers on the bottom of page 38)

The first of these tools, or means, of grace is the Bible itself. God keeps our faith alive every time we read or hear the Bible. Jesus once said that his Word was life itself for us. To keep your faith alive, read God's Word day after day.

Back in the days of Moses, God urged his people to make his Word a big part of their lives. "Keep my words in your hearts and minds. Write them down and tie them on your hands as a reminder. Also tie them on your foreheads. Teach them to your children. Talk about them when you are at home. Talk about them when you walk along the road. Speak about them when you go to bed. And speak about them when you get up. Write them on the doorframes of your houses. Also write them on your gates" (Deuteronomy 11:18-20).

There are many ways to do what Moses wrote about God's Word. Some people read the Bible every day. They start at the beginning or with one of the Gospels (the stories of Jesus'

life) and read for a few minutes each day. Some will make use of devotions that are short sermons that someone writes about a Bible passage. Of course, attending Bible classes and worship services is another way to do this.

6. The first Means of Grace is the _____.

7. We ought to read God's Word every _____.

8. Devotions are short _____ based on some Bible passage.

9. We should attend Bible _____ and _____.
(Two words)

(Check your answers on the bottom of page 41)

We have already mentioned the sacraments in the last chapter. A sacrament is an act by which God gets us to understand his saving



Answers for page 36: 1. die; 2. food; 3. Means of Grace; 4. love; 5. tools.

message. Jesus gave us two of them. We have already learned about Holy Baptism. The other one is called the Lord's Supper, or Holy Communion.

On the night before his death, Jesus was eating supper with his disciples. It was a special supper, called Passover. At the Passover supper, Jews recalled how God had saved them from slavery in the days of Moses.

During the meal, Jesus took some of the bread from the table, gave it to his disciples to eat, and said, "Take this and eat it. This is my body." Then he took the wine from the table and gave it to them, and said, "All of you drink from it. This is my blood of the new covenant. It is poured out to forgive the sins of many" (Matthew 26:26-28).

The Passover recalled how the Jews had been saved from slavery. The Lord's Supper recalls for us how we were saved from eternal death because of our sins. Jesus died because of



Jesus said, "Take and eat. This is my body."

our sins. His body was nailed to the cross and the bread reminds us of that. His blood was shed, or poured out, and the wine tells us that.

But there is more than just bread and wine. Jesus said, "This is my body. This is my blood." In a miraculous way, we actually have Jesus' body and blood before us together with the bread and the wine. He gives them to us to make us absolutely certain that our sins are forgiven.

This is a miracle that we cannot explain. It is impossible to explain how Jesus' body could be in the bread, or his blood in the wine. But he said it was so, and we can trust him. He is God's Son. Not only would he not lie, but also he has the power to perform this miracle whenever the Lord's Supper is served.

This is the same Lord's Supper that is served at church worship services. Jesus told us, "Do



Answers for page 38: 6. Bible; 7. day; 8. sermons;
9. classes, worship services.

it in memory of me" (1 Corinthians 11:24).
When we remember his death, we remember that Jesus' death was the way he won forgiveness for our sins. The Lord's Supper keeps our faith in that forgiveness alive.

10. Another name for the Lord's Supper is Holy _____.

11. Jesus gave his disciples this sacrament on the night before he _____.

12. He said that the bread was his _____ given for us.

13. He said that the wine was his _____ poured out for our forgiveness.

14. The Lord's Supper keeps our faith in God's _____ alive.

(Check your answers on the bottom of page 44)

Review of Chapter Three

When we are born again, we receive a new life of faith. But that life needs to be fed and nourished, or it will die out. God has given us the Means of Grace to keep our faith from dying.

The Means of Grace are the tools God uses to assure us that he has forgiven us all our sins. One tool, Holy Baptism, was already discussed in chapter two. Another tool is the Bible, God's Word. When we read it or hear someone preach it to us, or attend Bible classes or worship services, God uses his Word to strengthen our faith.

Jesus began the Lord's Supper, or Holy Communion, on the night before he died. He took bread and gave it to his followers and said it was his body. Then he gave them wine, and told them it was his blood. He told them to continue having this supper in the future to remember him.

In the Lord's Supper, Jesus gives us his true body and blood with the bread and the wine. As we eat and drink, we are reminded of how his body was nailed to the cross and his blood was shed or poured out for us. We are reminded how he died so that our sins would be forgiven. That is how the Lord's Supper also keeps our faith alive.

Test on Chapter Three

1. The "food" that keeps our faith alive is called the _____ .
(Three words)
2. Grace is God's forgiving _____.
3. The Means of Grace are God's _____ for assuring us of his forgiving love.



Answers for page 42: 10. Communion; 11. died; 12. body; 13. blood; 14. forgiveness.

4. There are three Means of Grace: the _____, _____, and the _____.

(Two words)

5. To keep our faith alive, we should read or hear God's Word _____.

(Two words)

6. Jesus started the Lord's Supper on the night before he _____.

7. With the bread, Jesus gives us his true _____, and with the wine he gives us his _____.

8. The Lord's Supper also helps to keep our _____ in God's forgiveness alive.

(Check your answers on page 67)



*The father hugged his son, forgave him,
and welcomed him home.*



Chapter Four

LIVING THE NEW LIFE OF FAITH

Very often, people get the idea that being a Christian only does you good when you die. They might say, "Christians get to go to heaven. That is all fine. But in the meantime, we live on this earth. What good does this Christian faith do us now?"

The Holy Spirit has more blessings for us. Not only does he bless us in the life to come, but he wants to bless us in this life, too. He wants to help us to live the kind of life that will bring us more happiness and joy.

In this chapter, you will learn:

- * what the life of faith is like; and
- * how the Holy Spirit helps us live it.

Again and again, the Bible tells sinners to repent. That word, repent, has a meaning we can picture in our minds. It means turning. We can imagine our life as a walk down different roads. Sinners are going down the road of sin that leads to death in hell. God wants everyone to repent, that is, to turn from the road of sin and walk on the road that leads to eternal life.

When the Holy Spirit brings us to faith in Jesus, he puts us on the road to eternal life.

Then, as we go on, he helps us to walk straight on that road. If we start to stray back to the other path, he brings us back to the right road.

1. The word repent means _____
on to the right road.

2. Our life is like a walk on a path; the sinner's path leads to death in _____.

3. When we become Christians, the Holy Spirit puts us on the path that leads to _____.

(Check your answers on the bottom of page 50)

There are parts of the Bible that tell us very clearly what the life of faith, the path to heaven, is like. If you look at the last chapters of most of the apostle Paul's letters in the New Testament, you will find such parts of the Bible. The people Paul wrote to usually had not been Christians very long. They needed lots of help staying on the right road.

For example, at the end of the letter to the Ephesians, Paul had this to say: "Do not make God's Holy Spirit sad. He marked you with a seal for the day when God will set you completely free" (Ephesians 4:30).

The Holy Spirit wants us to live good lives. And he tells us how to do it. In the same chapter of Ephesians, he tells us:

- "So each of you must get rid of your lying. Speak the truth to your neighbor" (Ephesians 4:25).

- "Those who have been stealing must never steal again. Instead, they must work. They must do something useful with their own hands. Then they will have something to give to people in need" (Ephesians 4:28).

- "Get rid of all hard feelings, anger and rage. Stop all fighting and lying. Put away every form



of hatred. Be kind and tender to one another. Forgive each other, just as God forgave you because of what Christ has done" (Ephesians 4:31-32).

At the end of the letter to the Colossians, he says more in the same spirit:

- "So put to death anything that belongs to your earthly nature. Get rid of your sexual sins and unclean acts. Don't let your feelings get out of control. Remove from your life all evil longings. Stop always wanting more and more. You might as well be worshiping statues of gods" (Colossians 3:5).

- "Put up with each other. Forgive the things you are holding against one another. Forgive, just as the Lord forgave you" (Colossians 3:13).

4. One Bible writer who tells us clearly what the path to heaven is like is _____.

5. You can find his advice near the _____ of his letters in the New Testament.

6. Paul says we should not give the Holy Spirit any reason to be _____ with us.

(Check your answers on the bottom of page 54)

Of course, it is one thing to tell people how to live. It is something else to get them to do it. The Holy Spirit does not only give us laws and instructions. He also gives us the strength to obey.

Paul wrote about God's help with these words: "God is working in you. He wants your plans and your acts to be in keeping with his good purpose" (Philippians 2:13). In other words, we will rely on the Holy Spirit, not on ourselves. We will rely on him to keep us in the saving faith. In fact, we will rely on him to make us want to stay in the saving faith! And he will make us want to live the godly life of faith, too.

And how will he do that? With the same tools he used to bring us to faith and to strengthen our faith: the Means of Grace.

We might want to think of baptism only as the way we become Christians. But Paul tells us that baptism also keeps us in the faith and living the new life of faith. Here is how he said it in his letter to the Romans:

"All of us were baptized into Christ Jesus. Don't you know that we were baptized into his death? By being baptized we were buried with Christ into his death. Christ has been raised from the dead by the Father's glory. And like Christ we also can live a new life. By being baptized, we have been joined with him in his death. We will certainly also be joined with him in his resurrection. We know that what we used to be was nailed to the cross with him. That happened so our sinful bodies would lose their power. We are no longer slaves of sin. Those who have died have been set free from sin....So don't let sin rule your body which is

going to die. Don't obey its evil longings. Don't give the parts of your body to serve sin. Don't let them be used to do evil. Instead, give yourselves to God. You have been brought from death to life. Give the parts of your body to him to do what is right" (Romans 6: 3-7 and 12-13).

When we remember that our baptism means our death to sin, we will not want to sin any more. And when we remember it means we were raised to a new life of faith, we will desire to do what pleases God and makes him happy.

7. The Holy Spirit gives us the _____ to obey God's rules.

8. The Holy Spirit even makes us _____ to stay in the saving faith.



9. To make us live a life of faith, the Holy Spirit uses the _____ .
(Three words)

10. Baptism means we have died to _____ as Christ died.

11. As Christ was raised to life, so we are raised to a new life of _____ .

(Check your answers on the bottom of page 56)

In a similar way, coming to the Lord's Supper helps us to live the life of faith. Jesus said we should eat this holy meal often to remember him. When we remember how he suffered to save us, we will want to live a life that pleases him. It is impossible for a Christian to come away from the Lord's Supper and want to commit some sin.

It is the Word of God that guides us on the path of God and shows us how to live the new life of faith. The Ten Commandments are a great guide for the way God wants us to live.

So is the Sermon on the Mount found in Matthew chapters five, six and seven.

Of course, while you try to live this life of faith, the devil will be trying to get you to leave it and go back on the path of sin. That is why the Holy Spirit will stay with you. In one place in the Bible, the Holy Spirit speaks as if you were a soldier in his army and he were inspecting your armor to make sure you were ready for the battle:

"Put on all of God's armor. Then you can stand firm against the devil's evil plans. ... So stand firm. Put the belt of truth around your waist. Put the armor of godliness on your chest. Wear on your feet what will prepare you to tell the good news of peace. Also, pick up the shield of faith. With it you can put out all the flaming arrows of the evil one. Put on the helmet of salvation. And take the sword of the Holy Spirit. The sword is God's word" (Ephesians 5:11, 14-17).



Answers for pages 54-55: 7. strength; 8. want;
9. Means of Grace; 10. sin; 11. faith.

All the help we need is found in God's Word. His truth will hold you up like a belt. His approval and forgiveness will keep you from feeling sin in your heart. Faith is the shield against the devil's temptations. Remember that Christ saved you and your mind will not be tempted with sin. Keep the Word of God to fight against any temptation the devil has in store for you.

12. When we take the Lord's Supper, we do it to _____ Jesus.

13. The _____
(Two words) are an excellent guide to living the life of faith, as is Jesus' Sermon on the _____.

14. In one place the Holy Spirit speaks as if we were _____ going into battle against the devil.

(Check your answers on the bottom of page 58)

Review of Chapter Four

The Bible keeps telling sinners to repent, that is, to turn away from the road of sin and death and walk on the road of faith and life. Only the Holy Spirit can put us on that road, and only he can keep us on it.

Like many Bible writers, the apostle Paul often told his readers how the Holy Spirit wanted them to live. He reminded them that only the Holy Spirit could give them the strength to live, as God wants them to live. In fact, only the Holy Spirit could even give them the desire to live, as God wants them to live.

The Means of Grace help us to live a life of faith. Our baptism reminds us that, as Christ died for our sins, we now are united with him and no longer want to sin. In baptism, we were raised to a new and godly life. The Lord's Supper reminds us of how Jesus



Answers for page 57: 12. remember; 13. Ten Commandments, Mount; 14. soldiers.

suffered for us, and makes us want to live for him who died for us. The Bible, on many of its pages, guides us in living a life of faith. The Ten Commandments and the Sermon on the Mount are two examples.

God wants his Word to keep us from the devil's temptations. We are to use God's Word like a soldier's armor. It will protect us from Satan's temptations and attacks, and it will keep our faith alive.

Test on Chapter Four

1. The word _____ means to turn onto the right road.
2. The Holy Spirit turns us from the road that leads to _____ onto the road that leads to _____.
3. One Bible writer who gives us lots of advice on living the life of faith is the apostle _____.

4. The Holy Spirit gives us the strength to _____ God's rules.
5. The Holy Spirit even makes us _____ to stay in the saving faith.
6. To make us live a life of faith, the Holy Spirit uses the _____ _____ _____ . (Three words)
7. Baptism means we have died to sin and risen with Christ to a new _____ of faith.
8. In the Lord's Supper we remember Jesus' _____ for us so that we will live our lives for Him.
9. The Bible has many excellent guides for living the life of faith, such as the Ten _____ and the Sermon on the _____ .

(Check your answers on page 67)



Glossary

(A list of words you may not know)

absolutely	completely
ancient	very old
approval	the act of agreeing that something is good
assure	to be certain or sure of something
ark	a large boat or ship
armor	special clothing people wore to keep them safe in battle
avoid	to stay away from someone or something
blind	not able to see
choice	to pick to choose something
commit	to do something wrong or sinful
complain	to say you are not happy about something
conceive	to become pregnant with a child
confuse	to be mixed up, not understood

convince	to cause someone to know something is true
covenant	an agreement
decide	to reach an answer or to choose to make a judgment
definitely	very certain or sure
describe	to tell what something is like
desire	a strong wish for something
destroy	to ruin or lay waste
devotions	short sermons that someone writes concerning a Bible passage
difficult	hard
disciple	a follower, a student
enmity	unfriendliness; ill-will; hostility
especially	to a very high degree
excellent	very fine or very good
explanation	to make something clear and understood by speaking or writing
future	time that will come after the present time
grace	God's forgiving love that moved him to send Jesus as our Savior

guilt	the state or fact of having broken a commandment of God
Holy Baptism	having water applied to you in the name of the Father, the Son and the Holy Spirit
Holy Communion	Jesus giving us his body and blood with the bread and wine to remind us how he suffered for us
impress	to show something is very important
inherit	to receive something from someone who has died
innocent	not guilty
inspect	to look at carefully
instruction	to give knowledge, to teach, to educate
Means of Grace	the tools God uses to assure us of his forgiving love
message	word spoken or written
miracle	a wonderful act done by the power of God
necessary	needed
Nicodemus	a Jewish leader who came to have a talk with Jesus one night

nourish	to feed (our bodies or our souls)
origin	the beginning or source of something
original sin	the sinfulness we inherit from our parents
physical	something you can see or touch in this world
precious	something that has great value
pregnant	carrying a baby inside a woman's body until the baby is born
really	actually
rebellion	an attack against authority
refuse	to show or say you will not accept or do something
rely	to trust; to depend on
reply	to answer
respect	to feel a high regard for; to honor
totally	completely
sacred	holy
search	to look hard to find something or someone
sermon	a talk on a biblical or religious subject

shelter	a building used to protect us
similar	almost the same as something else
situation	a set of circumstances or the way things were
stray	to lose one's way
surprise	a feeling caused by a sudden happening
tempt	to want someone to do something (wrong)
tool	anything used to bring about a definite wish
unique	being the only one of its kind
urge	to strongly want someone to do something
wonder	to want to know something
worship	praising God
yell	to shout or cheer loudly



Answers to the Chapter Tests

Chapter Test One: (Pages 17-18)

1. sin; 2. original sin; 3. Adam, Eve; 4. decide;
5. Jesus Christ; 6. enemies; 7. sin; 8. Christians (or believers).

Chapter Test Two: (Pages 31-32)

1. water, Spirit; 2. baptism; 3. sacrament; 4. Father, Son, Holy Spirit; 5. family; 6. Word, God; 7. baptized; 8. saves.

Chapter Test Three: (Pages 44-45)

1. Means of Grace; 2. love; 3. tools; 4. Bible, Baptism, Lord's Supper; 5. every day; 6. died; 7. body, blood; 8. faith.

Chapter Test Four: (Pages 59-60)

1. repent; 2. hell, heaven (or sin, God); 3. Paul; 4. obey; 5. want;
6. Means of Grace; 7. life; 8. death; 9. Commandments, Mount.



Final Test

Congratulations! You have completed your study of *You Must be Born Again*. Go back through the book and review any mistakes you made in the chapter tests. Also review the goals from each chapter. When you are sure you know all the goals, you are ready to take the final test.

Complete the final test without looking at the book. When you are finished, give the test to the person who gave you this book or mail it to the address on the back cover of this book. You may also ask for more Bible study books in this series.

If you are ready, remove the test from the book and put the book away. Take the test without opening the book.



You Must Be Born Again
Final Test

1. We all have inherited _____
_____ all the way back from Adam and Eve. (Two words)
2. Because we are spiritually _____,
we cannot decide on our own to become Christians.
3. Because we are spiritually _____,
we cannot see the greatest blessing God has put before us, namely, Jesus Christ.
4. Because we are spiritually enemies of God,
we _____ against him all our lives.
5. Because we have inherited sinfulness from our parents, we can never become _____ on our own.
6. Jesus said we have to be born again of _____ and the _____.

7. Being born like this again happens in the sacrament of _____.

8. A sacrament is an act by which God assures us of the _____ of our sins.

9. We are baptized in the name of the _____ and of the _____ and of the _____.
(Two words)

10. When we are baptized, we become part of God's _____.

11. God keeps our faith alive with the _____ of _____.

12. The tools God uses for our faith are his _____, _____, and the _____.
(Two words)

13. We should read or hear _____
_____ every day. (Two words)

14. In Holy Communion, Jesus gives his body
with the _____, and his
_____ with the wine.

15. The Bible tells us to _____,
that is, to turn onto the right path, the path of
God.

16. Only the _____ _____ can
give us the strength to obey God's rules. (Two
words)

17. In our _____ we die to
sin and rise to a new life of faith.

18. In Holy Communion, we remember how
Jesus _____ for us so that we will
_____ for him.

19. The _____ has many
excellent guides for living the life of faith.

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